

Louth: Antimicrobial Guidelines - Louth Hospitals: Antimicrobial Guidelines: Candidiasis - Mucocutaneous

Indication	
Oesophageal Candidiasis	
First Line Antimicrobials	
Fluconazole 200mg once daily PO	
If patient not tolerating PO, may use fluconazole 200mg once daily IV	
Comments	
Microbiological Investigations: <ul style="list-style-type: none"> Usually diagnosed based on findings at upper GI endoscopy. <p>Send HIV serology in patients not known to be immunocompromised.</p> <p>Discuss with Clinical Microbiologist if patient has severe oesophageal candidiasis or is severely immunocompromised – higher doses and longer duration may be indicated.</p> <p>Monitor liver function tests while on fluconazole.</p>	
Duration of Treatment	
14 days	
Indication	
Oral Candidiasis	
First Line Antimicrobials	
Mild: Nystatin oral suspension 1 – 6ml QDS PO	
OR	
Miconazole gel 2.5ml QDS PO after meals	
Patients administered nystatin / miconazole need to be able to swish suspension in mouth / keep the gel in contact with the affected areas for as long as possible and then swallow.	
If patient is unable to do this, choose PO fluconazole instead.	
Moderate to Severe: Fluconazole 200mg daily PO	
Comments	
Microbiological Investigations: <ul style="list-style-type: none"> Usually clinically evident. 	
Duration of Treatment	
7 to 14 days.	
Nystatin: Continue for at least 48 hours after symptoms have disappeared (re-assess if required for more than 14 days).	
Miconazole: Continue for 1 week after symptoms have disappeared.	
Indication	
Vulvovaginal Candidiasis	
First Line Antimicrobials	
Acute vulvovaginal candidiasis:	
Clotrimazole 500mg pessary PV STAT	
OR	
Clotrimazole 2% cream topically BD or TDS	
OR	
Fluconazole 150mg PO STAT	
Recurrent vulvovaginal candidiasis:	
Refer patient to GU/ID service for confirmation of diagnosis and further management.	
Pregnant patient:	
Please check LH Obstetrics and Gynaecology Guidelines for management.	
Comments	
Microbiological Investigations: <ul style="list-style-type: none"> Usually clinically evident. If recurrent candida, refer patient to GU/ID service for C&S investigations. 	
Duration of Treatment	
<ul style="list-style-type: none"> Clotrimazole PV: STAT dose. Clotrimazole cream: Apply thinly until symptoms resolve. Fluconazole: STAT dose. 	