# Louth: Antimicrobial Guidelines - Louth Hospitals: Antimicrobial Guidelines: Postnatal

# Obstetrics - Severe Life-Threatening Post-natal Sepsis - Source Unclear

Indication

Obstetrics - Severe Life-Threatening Postnatal Sepsis – Source Unclear

Definition of Severe Sepsis: Sepsis plus sepsis-induced organ dysfunction or tissue hypoperfusion.

First Line Antimicrobials

N.B. Check lab results for history of resistant organisms, e.g. MRSA, ESBL. ALWAYS contact clinical microbiologist for advice.

Meropenem 1g TDS IV

AND

Clindamycin 1.2g QDS IV

N.B. Use meropenem with great caution and close clinical monitoring if history of immediate-onset or severe penicillin hypersensitivity – approximately 19 risk of immediate-onset penicillin hypersensitivity.

# Obstetrics - Mild Infection - C-section Wound / Endometritis / Perineal / post-ERPC

Indication

Obstetrics - Mild Infection - C-section Wound / Endometritis / Perineal / post-ERPC

First Line Antimicrobials

Co-amoxiclav 625mg TDS PO

NON-immediate-onset and NON-severe Penicillin Hypersensitivity

Cef-AL-exin 500mg TDS PO

AND

Metronidazole 400mg TDS PO

IMMEDIATE-onset or SEVERE Penicillin Hypersensitivity

Clindamycin 450mg QDS PO

Comments

Send wound swab for C&S and review treatment in conjunction with results when available.

Duration

5 - 7 days

# Obstetrics - Moderate to Severe Infection - C-section Wound/ Endometritis/ Perineal/ post-ERPC/ Third or Fourth Degree Tear/ Source Unknown

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## Obstetrics - Mastitis - Mild

Indication

Obstetrics - Mastitis - Mild

First Line Antimicrobials

-lucloxacillin 1g QDS PO

NON-immediate-onset and NON-severe Penicillin Hypersensitivity

Cef-AL-exin 1a QDS PO

MMEDIATE-onset or SEVERE Penicillin Hypersensitivity

Clindamycin 450mg QDS PO

Duration

7 days

# Obstetrics - Mastitis/ Breast Abscess - Moderate to Severe

#### ndication

Obstetrics - Mastitis/ Breast Abscess - Severe

# First Line Antimicrobials

Flucloxacillin 2g QDS IV if no history of MRSA

If history of MRSA colonisation, SUBSTITUTE <u>Vancomycin</u> 25mg/kg loading dose (max 2g), followed by 15mg/kg BD IV

N.B. Adjust dose if renal impairment, trough level monitoring required, click on link above for calculator and guideline.

## NON-immediate-onset and NON-severe Penicillin Hypersensitivity

Cef-UR-oxime 1.5g QDS IV if no history of MRSA

If history of MRSA colonisation, SUBSTITUTE <u>Vancomycin</u> 25mg/kg loading dose (max 2g), followed by 15mg/kg BD IV

N.B. Adjust dose if renal impairment, trough level monitoring required, click on link above for calculator and guideline.

# MMEDIATE-onset or SEVERE Penicillin Hypersensitivity

Vancomycin 25mg/kg loading dose (max 2g), followed by 15mg/kg BD IV

#### AND

Clindamycin 900mg TDS IV (Review clindamycin at 48hrs)

# Comments

- Surgical referral essential if breast abscess confirmed.
- Microbiological Investigations:
  - MRSA screen
  - Blood cultures
  - · Breast milk for C&S
  - Breast swab (if discharging abscess) for C&S.

# **Obstetrics - Nipple Thrush and Ductal Candidiasis**

# Indication

Obstetrics - Nipple Thrush and Ductal Candidiasis

# First Line Antimicrobials

Nipple treatment for mother:

Miconazole 2% cream applied to nipples and areolae after each feed for 1 to 2 weeks. It is not necessary to wash the cream from the nipples before the next breastfeed - any excess cream should be wiped away.

# Oral treatment for baby

Miconazole oral gel smeared around inside of mouth four times a day after feeds for 2 weeks. **N.B**. Apply the gel in small amounts with a clean finger and do not use a spoon due to the risk of the baby choking on the viscous fluid.

# Second line treatment:

Fluconazole for ductal candidiasis should only be commenced after senior clinician review.

f symptoms persist for more than 5 - 7 days, consider oral treatment of mother with fluconazole in addition to topical treatment as above: Loading dose fluconazole 300mg PO, followed by 150mg daily PO for a total of 14 days of treatment.

# Duration

Topical treatment for mother and baby should continue until 7 days after symptoms have disappeared.

Fluconazole PO: 14 days.

# Comments

If a mother reports sore nipples during breastleeding the first action should always be to re-examine and improve attachment. It is imperative that both mother and baby are treated simultaneously, even when there are no signs in the baby's mouth. Otherwise the baby will re-infect the mother at each feed. Babies frequently show no signs of oral thrush, even though their mothers have the symptoms.

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